



Congratulations
CLASS OF
2029

Best wishes for a bright future!

JUNE TIGER BEAT



FHMS Office Summer Hours

The Middle School office will be closed from Monday June 30 - Thursday July 31.





2024-25 Academic Calendar



24-25 Academic Calendar.pdf

Download
155.9 KB

Bell Schedule

FHMS Daily Schedule - Early Dismissal (Wednesday) Schedule - Half Day Schedule

Attendance

If your student will be missing school for any reason please email the MS office at katieleed@sjisd.org or call (360)378-7201

FHMS Website

Please check out our Friday Harbor Middle School Website for more up to date information about events and other middle school happenings. Click the button below to be redirected to the MS website.

MS Website

A promotional poster for the Friday Harbor Food Bank Kids Summer Nutrition Program. The background is a wooden surface with fresh vegetables like tomatoes, yellow peppers, and green herbs. At the top, there are two circular logos: one for the Friday Harbor Food Bank with a tree in the center and the text 'ISLANDERS HELPING ISLANDERS' around it, and another identical one. On either side of the top logo, the text 'Register online today!' is written diagonally. The main title 'Kids Summer Nutrition Program' is in large, bold, blue letters. Below it, the text '*5 days worth of breakfast and lunch that kids can prepare on their own!*' is in black. Then, '*Pick-up on Tuesdays from 12:00pm-1:00pm*' is in blue, followed by '*June 17th- August 26th*' in black. In the bottom left, 'In Store Shopping' is in blue, with 'Wednesdays & Saturdays: 11:30am - 2:00pm' in black. In the bottom right, 'Online Ordering Program' is in blue, with 'Thursdays: 12:00pm-2:00pm' in black. A QR code is in the center bottom. At the very bottom, the phone number '360-378-9880' and the website 'www.fridayharborfoodbank.weebly.com' are in black, followed by 'Funded by the Stocker Foundation' in black.

Register online today!

Friday Harbor Food Bank
ISLANDERS HELPING ISLANDERS

Register online today!

Kids Summer Nutrition Program

5 days worth of breakfast and lunch that kids can prepare on their own!

Pick-up on Tuesdays from 12:00pm-1:00pm

***June 17th- August 26th**

In Store Shopping
Wednesdays & Saturdays:
11:30am - 2:00pm

Online Ordering Program
Thursdays:
12:00pm-2:00pm

360-378-9880

www.fridayharborfoodbank.weebly.com

Funded by the Stocker Foundation

Student Fees-

Please be sure to check into your Skyward account for any fees your student may have accrued throughout the school year. You can pay your students fees online as well as any Food Service fees through your Skyward account.

8th grade parents please make sure your students account is current before the end of the school year!



Please be on the lookout for permission slips. The students will be receiving their end of the year field trip permission slips in the coming weeks and we want to make sure that all students are able to attend. Permission slips will need to be filled out, signed and turned in BEFORE the field trip!

IMPORTANT

dates to remember

8th GRADE HS REGISTRATION - June 2 during 6th period

7th GRADE FIELD TRIP - June 6 walking field trip to SJ Historical Museum

HIGH SCHOOL GRADUATION - June 7

6th GRADE End of Year FIELD TRIP - June 10 Warm Beach (Stanwood)

7th GRADE WHALE MUSEUM FIELD TRIP - June 10

6th GRADE ACTIVITY DAY - June 11

7th GRADE End of Year FIELD TRIP & BBQ - June 11

8th GRADE Overnight FIELD TRIP - June 10 and 11

HALF DAY - June 12 *dismissed at 11:20am*

8th GRADE PROMOTION - June 12 6:00pm Turnbull Gym

8th GRADE RECEPTION - June 12 following promotion (approximately 7:00-7:30pm)

The TROPICAL BEACH MS DANCE - June 12 7:30pm MS Commons

LAST DAY OF SCHOOL!!!! - June 13 **HALF DAY** *dismissed at 11:20am*

8th Grade Parents -

The annual middle school 'culminating experience' is fast approaching. We will spend two action-packed days in Seattle & on Vashon Island.

Dates: Tuesday, June 10th – Wednesday, June 11th

Accommodations: Camp Sealth on Vashon Island

Requested fee: \$120 to cover activities, food, lodging, and transportation

If you are interested in being a chaperone, please contact Ms. Claire at clairekennedy@sjisd.org

As an extension of our yearlong 8th grade curriculum, activities will include:

- A visit to: Green Lake, the Burke Museum, and Pike Place.
- A tour of the University of Washington campus and the Ballard Locks

- An overnight stay on Vashon Island at Camp Sealath

We urge all 8th graders to go. Students who do not go will have two full days of schoolwork in all subjects. The fact is that the trip is school for these two days. Of course, there may be some students who cannot go for health, disciplinary or academic reasons, but we hope to have everyone.

Permission slips and packing lists will be sent home later. I am writing to you now to allow you to budget for this trip. Please begin submitting payment to Katie in the front office as soon as you can (make checks payable to FHMS). The requested fee of \$120 per student will only cover part of the costs; the real cost is closer to \$170 per person. Our wonderful PTO has fundraisers year-round to help supplement field trips, and we will use some building funds. If your family is able to pay more, this will not only help with the total costs of the trip but will also help some of those who may not be able to pay the full fee. If you cannot afford \$120, we ask that you pay as much as you can afford.

Counselors Corner

As we close out another remarkable school year at Friday Harbor Middle School, I want to take a moment to celebrate the resilience, growth, and heart of our students. It has been an honor to walk alongside them as they navigated challenges, built friendships, and discovered more about themselves and the world around them.

As summer begins, I encourage families to find time for rest, fun, and connection. Prioritizing health and wellness—through outdoor play, balanced routines, screen-time breaks, and open conversations—can help students return in the fall feeling recharged and ready to learn. Even small moments, like sharing a meal or going on a walk together, can make a big impact.

To our families —thank you for your partnership, your care, and your trust. Your involvement plays a crucial role in helping us fulfill our mission of fostering a community where every student feels valued, supported, and inspired to grow.

Wishing you all a joyful, restful summer. I look forward to welcoming our returning students and meeting new faces in the fall!

Amara Zee
(she/her/hers)
Friday Harbor Middle School Counselor
amarazee@sjisd.org

Message from Ms. Claire

Ms. Claire, our Student Assistance Professional will be running two mentorship groups through the Family Resource Center this summer. The 8 week program aims to empower participants with essential tools and life skills to navigate challenges by utilizing expressive arts, somatic resourcing, mindfulness and self exploration practices. By incorporating guided meditations, group

discussions, substance education, and emotional awareness exercises, the program seeks to foster a deeper understanding of personal triggers and equip teens with healthy coping mechanisms as well as relational skills. The overarching goals include encouraging mindfulness in daily choices, enhancing emotional regulation skills, and promoting a proactive approach to managing stress and cravings.. Through this program, participants will be challenged to cultivate greater self-awareness, develop resilience, and build a foundation for sustained well-being and healthy decision-making.

Nuts and Bolts: Groups will take place on Monday and Tuesday afternoons (most likely 1:30pm-3:00pm, stay tuned) at the Family Resource Center. Group size will be capped at 12 people. There will be one middle school group and one high school group. If you have any interest or questions, please email Ms. Claire at ClaireKennedy@sjisd.org. You may also call her office phone at (360)370-7225.



6th Grade Final Band Concert



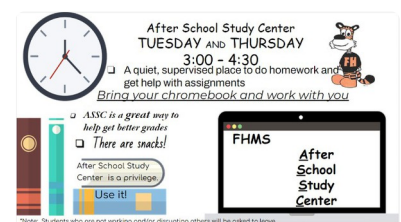
7th Grade Final Band Concert



8th Grade Final Band Concert

A.S.S.C

After School Study Club is done for the rest of the school year.



We are collecting King's receipts! You can bring any receipts you save into the MS office. For every dollar spent Kings will donate to the Middle School PTO so every little bit helps.

SJI Service Scholarship - 8th Grade Students!

<https://sjiservicescholarship.org/about/students/>

This program is designed for the 8th through 12th grade students with a variety of volunteer opportunities based on student interest and community need. Click the link for more information.



Non- Discrimination Statement

San Juan Island School District Commitment to Non-discrimination

San Juan Island School District does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

The San Juan Island School District offers classes in many career and technical education program areas such as Culinary Arts, Career Prep, STEM, and Computer Science under its open admissions policy. For more information about CTE course offerings and admissions criteria, contact CTE Directors, Liz Varvaro, elizabethvarvaro@sjisd.org, PO Box 458, FH, WA, (360) 378-4133. Lack of English language proficiency will not be a barrier to admission and participation in career and technical education programs.

The following people have been designated to handle inquiries regarding the non-discrimination policies:

Faith Knight, Civil Rights Compliance Coordinator, Title IX Officer
PO Box 458, Friday Harbor, WA 98250
(360) 378-4133
faithknight@sjisd.org

Becky Bell, Special Services Director, 504 Officer, ADA Coordinator, Gender-Inclusive Schools Coordinator
PO Box 458, Friday Harbor, WA 98250
(360) 378-4133
beckybell@sjisd.org

Fred Woods, Superintendent, Harassment, Intimidation, and Bullying (HIB) Coordinator
PO Box 458, Friday Harbor, WA 98250
(360) 378-7905
fredwoods@sjisd.org



Kathryn Leed

Kathryn is using Smore to create beautiful newsletters

