

#### November 3<sup>rd</sup> - November 7<sup>th</sup>

## Weekly Menu

ALL MEALS INCLUDE THE SALAD BAR, MILK, AND FRESH FRUIT



MONDAY

Spaghetti with Homemade Marinara TUESDAY

GF/DF

WEDNESDAY

Honey Mustard Chicken with Rice Grilled Pork Loin with Pesto and Mashed Potatoes

THURSDAY

Beef and Cheese Enchilada with Black Beans FRIDAY

DF

Orange Chicken
Stir Fry with
Rice



GF = Gluten Free DF = Dairy Free

GFM=Gluten Free Modified DFM=Dairy Free Modified



#### DISCLAIMER

In our
effort to provide
tasty, fresh and
healthful meals, we
may make changes
to the menu at
Chef Andy's
discretion.

# PLEASE KEEP CURRENT ON YOUR STUDENT'S LUNCH ACCOUNT

You can pay online in Skyward Family Access or at your student's school

#### **HAVE AN ALLERGY?**

Please submit a Medical Form to the School Nurse

### START YOUR DAY OFF RIGHT WITH BREAKFAST!

Yogurt, Granola, Fresh Fruit and Milk are available Monday -Friday. Hot Breakfast is served Tuesday - Friday.

#### BREAKFAST PRICES:

ELEMENTARY (FREE FOR ALL STUDENTS)
MIDDLE & HIGH SCHOOL \$2.75

#### LUNCH PRICES:

ELEMENTARY (FREE FOR ALL STUDENTS)
MIDDLE & HIGH SCHOOL \$4.00

IF YOU QUALIFY FOR REDUCED PRICE MEALS, ALL MEALS ARE FREE!