

# January 2017 Lunch Menu

SJISD's FOOD FOR THOUGHT PROGRAM is proud to offer our salad bar, milk, fresh fruit with every made-from-scratch entrée. Please stay current on your student's lunch account by paying ahead. **NO MEAL CHARGING ALLOWED.**

Check balance and make payments at <http://family.sanjuanisland.wa-k12.net>



Mon	Tue	Wed	Thu	Fri
2 <u>Chef's Pasta</u> Cheese Ravioli with Housemade Marinara	3 Smoked Sausage Jambalaya	4 Curried Chicken Salad Wrap	5 Sheppard's Pie with Local Beef	6 Pork Posole with Cornbread
9 <u>Chef's Pasta</u> Penne Pasta Parmesan with Italian Sausage	10 Honey Mustard Chicken with Rice	11 Taco Salad with Local Beef	12 Chicken Fajita with Rice and Beans	13 SW Chicken Chili with Cornbread
16 No School Martin Luther King Jr. Day	17 Smoked Pork Soft Taco with rice and Beans	18 Coconut Chicken Curry with Rice	19 Italian Sub Sandwich	20 Potato Ham and Leek Soup with Fresh Baked Rolls
23 <u>Chef's Pasta:</u> Creamy Chicken Alfredo Bake	24 Hot Dog Day! All-Beef Kosher Franks with Fixins and a Bag of Chips	25 Half Day	26 Half Day	27 No School Snow Make-up
30 <u>Chef's Pasta:</u> Mac and Cheese From Scratch	31 Sloppy Joe with Local Beef and Normandy Vegetables	Online Payments and email notification settings through Family and Student Access	<u>ELEMENTARY</u> Breakfast \$1.75 Lunch \$3.25 Milk \$.50	<u>MIDDLE and HIGH SCHOOLS</u> Breakfast \$2.00 Lunch \$3.50

In our effort to provide tasty, fresh and healthy meals, we may make changes to the menu at Chef Andy's discretion.

We appreciate timely payment on your Lunch Account.

Allergy Alert! Please have a current medical form on file.

This institution is an equal opportunity provider

**Community Dinner and Student Exhibitions**  
**Wednesday, January 11th! 5:00-7:30 ← starts earlier**  
 Community Project Presentations, Art Walk-a-Bout  
**Chicken Gyros, Pork Souvlaki, Rice Pilaf, Greek Salad, Tzatziki, Hummus and Baklava**  
 \$15 Suggested Donation (\$7 for kids under 12)