



Dear Parents, Guardians, and Students,

After School Study Club meets every Tuesday and Thursday from 3-4:30 in the commons. This is a great way for students to get caught up and to get extra help with their home work. Snack is also served.

With the Holiday season approaching, shop for everyone on your gift list this holiday at smile.amazon.com/ch/91-2057181 and Amazon donates to Friday Harbor Middle School PTA.

Attendance is an important part of Academic success. Students can fall behind if they miss just a day or 2 every few weeks. Consistent attendance will help students do well in high school, college, and at work. Also, when a student comes to class tardy, it disrupts the whole class learning environment. Finally, a reminder from our teachers - excused absence does not excuse homework. Students are still responsible to turn in all school work.

Vaping at School: The use of Juuls and similar vaping devices is becoming more prevalent in our school. Consider talking with your child about the health risk vaping poses. ALL Juuls contain nicotine, which is highly addictive especially for kids and makes the adolescent brain much more susceptible to become addicted to other substances. Contact Hailey Henderson-Paul, the Prevention/Intervention Specialist, at laurahenderson-paul@sjisd.wednet.edu if you want to know more or check out these resources for how to talk to teens about vaping:

https://e-cigarettes.surgeongeneral.gov/documents/SGR_ECig_ParentTipsheet_508.pdf

<https://www.nytimes.com/2018/02/14/well/family/how-to-talk-with-teenagers-about-vaping.html>

Upcoming Events

Nov 21	Early Release B-Day periods 4,5,6
Nov 22-23	Thanksgiving Holiday
Nov 26	Kings Receipts due
Dec 7	Geo Bee
	Early Release A-Day periods 1,2,3
Dec 12	MS Concert SJCT 6:00p.m.(followed by HS Concert)
Dec 24- Jan 4	Winter Break